

## **Community Health Improvement Plan 2019-2024**

## **Annual Report – Year Five**

| Priority Issue: Healthy Eating |  |  |   |   |   |
|--------------------------------|--|--|---|---|---|
|                                | Goal 1   | Increase resources to identify and address food insecurity. *  |   |   |   |
| Objective 1.1                  |  | Develop a food equity report to inform decision makers and other stakeholders about factors contributing to food insecurity. |   |   |   |
|                                | Key Actions  | Timeline   | Responsible<br>Partners   | Dedicated<br>Resources  | Accomplishments   |
| 1.1. A                         | Analyze data to identify geographic areas and subpopulations with higher rates of food and insecurity and obesity.                 | 01/2019<br>-<br>12/2019  | Fairfax County Health Department (FCHD), Fairfax Food Council (FFC) Capital Area Food Bank (CAFB), Fairfax County Neighborhood & Community Services (NCS) | None identified   | <ul> <li>Utilized Fairfax County Youth Survey data to identify Hispanic and Black youth as subpopulations with higher proportions of food insecurity compared to their White counterparts.</li> <li>Used kindergarten BMI data to identify that a higher proportion of Hispanic children were overweight or obese than other subpopulations.</li> </ul>   |
| 1.1.B<br>()                    | Gather input on food system needs from key stakeholders in priority areas.   | 01/2019<br>-<br>12/2024  | FCHD, FFC, Fairfax County Area Agency on Aging (AAA), Commission on Aging (COA), Emergency Food Strategy Team (EFST), NCS and Food for Others (FFO)       | Virginia Foundation for Healthy Youth (VFHY) \$60,000 07/2018 – 07/2020 | <ul> <li>Participated in the One Fairfax-led Richmond Highway Food Insecurity project just underway as the pandemic hit. It was put on hold until 2021; it will include the impact of the pandemic on food access and food insecurity in this part of the County. Began FFC strategic plan development through assessment input and one-on-one interviews.</li> <li>Participated in the development of the Emergency Food Strategy Team's Food Assistance Response Plan.</li> <li>Continued work and progress on FFC strategic plan with revised mission, vision, added set of values and confirmed staying within health department.</li> <li>Completed work on the FFC strategic plan, including structural updates.</li> </ul> |
| 1.1.C<br>O                     | Produce a comprehensive report examining assets, barriers, and recommendations to address food insecurity and promote food equity. | 01/2019<br>-<br>12/2024  | FCHD, Fairfax Food<br>Council (FFC)   | None identified   | <ul> <li>Collected preliminary data, conducted initial meetings, and began developing a report.</li> <li>Evaluated bandwidth and ability to produce a comprehensive report and determined the first step is the development of a guiding document that identifies specific phases of such a report including funding.</li> </ul>  |
| Status                         | Legend: ✓ Action   | <br>  Performed  | () Action   | In-Progress   |   |

**Healthy Eating**